



# FIRST AID KIT CHECKLIST

- Band-Aids (Variety)
- Liquid Bandage
- Medical Tape
- Waterproof Tape
- Coban Wrap
- Gauze Pads (Variety of Sizes)
- Roll Gauze
- Triangle Bandages
- Butterfly Bandages
- Steri-Strips
- Ace Bandage
- Alcohol Prep Pads
- Antiseptic Wipes
- Iodine Wipes
- Wet Wipes
- Antibiotic Ointment
- Colloidal Silver Gel
- Anti-Itch Cream
- Burn Gel
- Pain Relief Cream
- Sunscreen
- Aloe Vera Gel
- Eye Drops
- Nasal Spray
- Chapstick
- Aspirin
- Advil
- Tylenol
- Anti-Diarrhea Medicine
- Laxative Medicine
- Antacid
- Cold Medicine
- Allergy Medicine
- Cough Drops
- Clotting Agent
- Chest Wound Seal
- Israeli Bandage
- Non-Latex Gloves
- Hand Sanitizer
- Medical Scissors
- Tweezers
- Nail Clippers
- Thermometer
- CPR Mask
- Instant Cold Pack
- Safety Pins
- Flashlight/Headlamp
- Extra Batteries
- SAM Splint
- Finger Splint
- Tourniquet
- Tongue Depressors
- Dental Floss
- Cotton Balls/Pads
- Cotton Swabs(Q-Tips)
- Feminine Products (Pads/Tampons)
- Moleskin
- Hand Warmers
- Emergency Blanket
- Lighter/Matches
- Whistle
- Super Glue
- Duct Tape
- Pen/Pencil
- Notebook (Write in Rain)
- First Aid Handbook